



Medical/Surgical Competency Self Assessment

Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

Experience
0 Not Applicable
1 No Experience
2 Some Experience (Require Assistance)
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Print Name

Last 4 Digits of SS#

Date

General Skills	Experience					
Advanced directives	0	1	2	3	4	5
Patient/family teaching	0	1	2	3	4	5
Restrictive devices (restraints)	0	1	2	3	4	5
Lift/transfer devices	0	1	2	3	4	5
Specialty beds	0	1	2	3	4	5
End of life care/palliative care	0	1	2	3	4	5
Automated Medication Dispensing System, Pyxis, Omnicell, or other	0	1	2	3	4	5
Bar coding for medication administration	0	1	2	3	4	5
National Patient Safety Goals	0	1	2	3	4	5
Accurate patient identification	0	1	2	3	4	5
Effective communication	0	1	2	3	4	5
Interpretation & communication of lab values	0	1	2	3	4	5
Medication administration	0	1	2	3	4	5
Labeling	0	1	2	3	4	5
Anticoagulation therapy	0	1	2	3	4	5
Reconciliation	0	1	2	3	4	5
Monitoring conscious sedation	0	1	2	3	4	5
Pain assessment & management	0	1	2	3	4	5
Use of PCA (IV, intrathecal, epidural)	0	1	2	3	4	5
Infection control	0	1	2	3	4	5
Universal precautions	0	1	2	3	4	5
Isolation	0	1	2	3	4	5
Minimize risk for falls	0	1	2	3	4	5
Prevention of pressure ulcers	0	1	2	3	4	5
Wound care	0	1	2	3	4	5
Wound vacs	0	1	2	3	4	5
Awareness of HCAHPS	0	1	2	3	4	5
Cardiac Monitoring & Emergency Care						
Obtains 12 lead EKG	0	1	2	3	4	5
Interpretation of rhythm strips	0	1	2	3	4	5
Treatment of dysrhythmias	0	1	2	3	4	5
Use of rapid response teams	0	1	2	3	4	5



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General Skills - cont.	Experience					
Cardiac arrest/CPR	0	1	2	3	4	5
O2 therapy & delivery	0	1	2	3	4	5
Pulse oximetry	0	1	2	3	4	5
Use of doppler	0	1	2	3	4	5
IV Therapy						
Starting & maintaining peripheral IVs	0	1	2	3	4	5
Blood draw: venous	0	1	2	3	4	5
Central line care	0	1	2	3	4	5
Blood draw: central line	0	1	2	3	4	5
Care & management of ports	0	1	2	3	4	5
Care & management of PICC/Groshong/Hickman	0	1	2	3	4	5
TPN & lipids	0	1	2	3	4	5
Administration of blood/blood products	0	1	2	3	4	5
Administration of chemotherapy	0	1	2	3	4	5
Monitoring chemotherapy (does not initiate)	0	1	2	3	4	5
Other						
Diabetes mellitus	0	1	2	3	4	5
Blood Glucose Monitoring (BGM)	0	1	2	3	4	5
Insulin administration	0	1	2	3	4	5

Cardiac	Experience					
Assessment of heart sounds	0	1	2	3	4	5
Pacemakers - permanent	0	1	2	3	4	5
Care of Patient with:						
Aneurysm	0	1	2	3	4	5
Angina	0	1	2	3	4	5
Angioplasty (pre/post)	0	1	2	3	4	5
CHF	0	1	2	3	4	5
Carotid endarterectomy	0	1	2	3	4	5
Post MI	0	1	2	3	4	5
Pre/post cardiac cath	0	1	2	3	4	5
Pre/post cardiac surgery	0	1	2	3	4	5
Use & Administration of the Following:						
Antiarrhythmic	0	1	2	3	4	5
Antihypertensives	0	1	2	3	4	5
Beta blockers	0	1	2	3	4	5
Diuretics	0	1	2	3	4	5
Nitrates	0	1	2	3	4	5
Fibrinolytics/IIb IIIa inhibitors	0	1	2	3	4	5



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Respiratory	Experience					
Assessment of breath sounds	0	1	2	3	4	5
Chest tubes (Emerson/Pleuravac)	0	1	2	3	4	5
Interpretation of ABG	0	1	2	3	4	5
Incentive spirometer	0	1	2	3	4	5
Mechanical ventilation	0	1	2	3	4	5
Oral suctioning	0	1	2	3	4	5
Nasotracheal suctioning	0	1	2	3	4	5
Tracheostomy care	0	1	2	3	4	5
Care of Patient with:						
COPD	0	1	2	3	4	5
Pre/post thoracic surgery	0	1	2	3	4	5
Thyroidectomy	0	1	2	3	4	5
Pulmonary embolism	0	1	2	3	4	5
Pulmonary edema	0	1	2	3	4	5
Pneumothorax	0	1	2	3	4	5
Pneumonia	0	1	2	3	4	5
Inhalation injuries	0	1	2	3	4	5
Tuberculosis	0	1	2	3	4	5
Emphysema	0	1	2	3	4	5
Asthma	0	1	2	3	4	5
Use & Administration of the Following:						
Bronchodilators	0	1	2	3	4	5
Steroids	0	1	2	3	4	5
Expectorants	0	1	2	3	4	5

Gynecology	Experience					
Endometriosis	0	1	2	3	4	5
Gyn exam/pap	0	1	2	3	4	5
Self breast exam	0	1	2	3	4	5
Tubal ligation	0	1	2	3	4	5
Ectopic pregnancy	0	1	2	3	4	5
Mastectomy/lumpectomy	0	1	2	3	4	5
Hysterectomy (vaginal or TAHBSO)	0	1	2	3	4	5
Repair of cystocele/rectocele	0	1	2	3	4	5
Pelvic inflammatory disease	0	1	2	3	4	5
Abnormal uterine bleeding	0	1	2	3	4	5



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Neurology	Experience					
Glasgow coma scale	0	1	2	3	4	5
Seizure precautions	0	1	2	3	4	5
Assist with lumbar puncture	0	1	2	3	4	5
Halo traction	0	1	2	3	4	5
Care of Patient with:						
CVA	0	1	2	3	4	5
TIA	0	1	2	3	4	5
Overdose	0	1	2	3	4	5
Spinal cord injury/trauma	0	1	2	3	4	5
TBI (Traumatic Brain Injury)	0	1	2	3	4	5
Pre/post neuro surgery	0	1	2	3	4	5
Cranial hemorrhage	0	1	2	3	4	5
Delirium tremors	0	1	2	3	4	5
Meningitis	0	1	2	3	4	5
Neuromuscular diseases	0	1	2	3	4	5
Use & Administration of the Following:						
Antiepileptics	0	1	2	3	4	5
Corticosteroids	0	1	2	3	4	5
Steroids	0	1	2	3	4	5

Gastrointestinal	Experience					
NG tube insertion	0	1	2	3	4	5
Management of small bore feeding tubes (Dobhoff, Keofeed)	0	1	2	3	4	5
Jejunostomy tube	0	1	2	3	4	5
PEG tube	0	1	2	3	4	5
Care of Patient with:						
Pancreatitis	0	1	2	3	4	5
Hepatitis	0	1	2	3	4	5
G.I. bleed	0	1	2	3	4	5
Esophageal bleeding	0	1	2	3	4	5
Bowel obstruction	0	1	2	3	4	5
Bowel resection	0	1	2	3	4	5
Gastric bypass	0	1	2	3	4	5
Gastric banding	0	1	2	3	4	5
Whipple procedure	0	1	2	3	4	5
Transplants (specify)	0	1	2	3	4	5
Colostomy/ileostomy	0	1	2	3	4	5



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Gastrointestinal - cont.	Experience					
Paralytic ileus	0	1	2	3	4	5
E.R.C.P	0	1	2	3	4	5
Use & Administration of the Following:						
Anticholinergics (antispas, bentyl or robinul)	0	1	2	3	4	5
Cathartics	0	1	2	3	4	5

Genitourinary/Renal	Experience					
Catheter insertion	0	1	2	3	4	5
GU irrigations	0	1	2	3	4	5
Nephrostomy tube	0	1	2	3	4	5
Suprapubic tube	0	1	2	3	4	5
Care of Patient with:						
Hemodialysis	0	1	2	3	4	5
T.U.R.P.	0	1	2	3	4	5
Shunts and fistulas	0	1	2	3	4	5
Nephrectomy	0	1	2	3	4	5
Peritoneal dialysis	0	1	2	3	4	5
Renal transplant	0	1	2	3	4	5
Chronic/acute renal failure	0	1	2	3	4	5

Orthopedic	Experience					
Total joint replacement	0	1	2	3	4	5
Arthroscopic surgery	0	1	2	3	4	5
Bucks extension	0	1	2	3	4	5
Fasciotomy	0	1	2	3	4	5
Fractures	0	1	2	3	4	5
Spika cast/body cast	0	1	2	3	4	5
Splints	0	1	2	3	4	5
CPM	0	1	2	3	4	5
TENS unit	0	1	2	3	4	5
Cast care & removal	0	1	2	3	4	5
Amputation	0	1	2	3	4	5
Skeletal traction	0	1	2	3	4	5
Ortho trauma	0	1	2	3	4	5
Cervical fusion	0	1	2	3	4	5
Laminectomy	0	1	2	3	4	5



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Other	Experience					
Care of patient with sepsis	0	1	2	3	4	5
Oncology	0	1	2	3	4	5
Chemotherapy	0	1	2	3	4	5
Radiation therapy	0	1	2	3	4	5
Radiation implants	0	1	2	3	4	5
Inpatient hospice	0	1	2	3	4	5
Suicide precautions	0	1	2	3	4	5
Burn patients	0	1	2	3	4	5
Additional Skills						
Leadership skills (team leader or charge nurse)	0	1	2	3	4	5

Age Specific Competencies	Experience					
Newborn/neonate (birth-30 days)	0	1	2	3	4	5
Infant (31 days-1 year)	0	1	2	3	4	5
Toddler (ages 2-3 years)	0	1	2	3	4	5
Preschool (ages 4-5 years)	0	1	2	3	4	5
School age (ages 6-12 years)	0	1	2	3	4	5
Adolescent (ages 13-21 years)	0	1	2	3	4	5
Young adult (ages 22-39 years)	0	1	2	3	4	5
Adult (ages 40-64 years)	0	1	2	3	4	5
Older adult (ages 65-79 years)	0	1	2	3	4	5
Elderly (ages 80+ years)	0	1	2	3	4	5

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

The information on this and all preceding pages is true and correct.

Signature

Date